11th Annual "Race the Parks"

Don Reilly Cardiac Run/Walk

5K/10K Run, 5K Walk & Kids Fun Run

Swan Park • E South St., Beaver Dam



Register at Racemine.com/bdchfoundation, download an entry form at bdch.com/donreilly, or call 920-887-4869.

Don Reilly 5K/10K Run and 5K Walk (chip timed):

- A fun run/walk for participants of all ages, sizes and athletic abilities
- Encourages exercise in support of a healthy lifestyle
- Generates support of our local community and health care system

Awards:

- Finisher medals awarded to all 5K/10K runners and 5K walkers
- Top male and female of the 5K and the 10K runs receive an award
- Winners posted immediately following event by ABSOLUTE Race Timing

Pre-Registration:

(before 8/19/17) \$35

Registration: \$40

Kids

Fun Run: \$15 (Age 12 & Under)

Hosted by the Don Reilly Family. Proceeds benefit the BDCH Foundation's Cardiac Rehab and AED Programs.



Runners, walkers & Kids Run participants who pre-register by August 19 are guaranteed a race tech long-sleeve shirt. Shirts are not guaranteed for any registrations received after August 19 but will be distributed on a first-come, first-serve basis.